



## Participant Information: Survey

**EAGLE: Development of connection pathways from primary care to golf packages**  
**Dr Kathryn Cunningham, Dr Sharon Carstairs, Dr Mara van Beusekom,**  
**Prof Frank Sullivan, Dr Gozde Ozakinci**

### What is the study about?

We invite you to participate in a research project that aims to design connection pathways from GP practices to golf packages offered by local golf clubs in Fife for adults who would benefit from improving their physical activity level.

### Why have I been invited to take part?

A group with representatives from the University of St Andrews, The R&A, Fife Golf Trust, Scottish Golf, The European Tour and The Ladies European Tour are working together to deliver golf on prescription that makes a meaningful difference to people's physical and mental wellbeing.

We're contacting you as someone who is a member of the general public. We are keen to hear your views on how connections can be made between GP practices and local golf clubs that will offer golf packages to increase physical activity levels and improve physical and mental health and wellbeing.

### Do I have to take part?

No, it is entirely up to you whether or not to take part. This information sheet has been written to help you decide if you would like to take part. Please take time to read the following information carefully and ask the research team if there is anything that is not clear or if you would like more information. If you do decide to take part you will be free to withdraw at any time without providing a reason and with no negative consequences. After having taken part, as your data will be anonymous, it will therefore not be possible to withdraw it.

### What will I be required to do?

You will be asked to complete an online survey that will ask your views on approaches to identifying patients to connect to golf packages and how the connection could be made between GP practices and the golf packages. We anticipate this questionnaire will take approximately 20 minutes.

At the end of the survey you will be asked if you would be willing to take part in a follow-on online co-design session in which you will help to design connection pathways that are acceptable, feasible and engaging. If you would be willing to take part in this, you will be asked to provide contact details for the research team to contact you.

### Are there any risks associated with taking part?

We do not foresee any associated risks with this project, however, if you have any concerns, you are welcome to contact the research team whose details are at the end of this sheet.

### Informed consent

It is important that you are able to give your informed consent before taking part in this study and you will have the opportunity to ask any questions in relation to the research before you provide your consent. Please read this information sheet carefully and if you have any questions contact the research team on the details provided at the end of this document.

You will be asked to provide your informed consent via an electronic consent form at the beginning of the survey.

### Who is funding the research?

This research is being funded by The R&A.

### Reward/compensation

You will be gifted a £5 Amazon voucher as a thank you for your participation in this study. You will be asked to provide an email address at the end of the survey for the research team to send you a digital voucher.

### What information about me or recordings of me ('my data') will you be collecting?

We are interested in your views and opinions on how to connect patients from GP practices with local golf clubs offering golf packages to improve physical activity levels and physical and mental health and wellbeing.

We will ask you for a contact email address for the purpose of sending your thank you voucher.

You will also be asked if you wish to find out more information about taking part in the next step of this research which involves an interactive group co-design session. We will request

confirmation at the end of the survey that you are happy for us to contact using the email address you provide to send you further information.

#### How will my data be securely stored, who will have access to it?

Data will be extracted from the online survey platform (Qualtrics) and edited or deleted such that no-one, including the researchers, could use any reasonably available means to identify you from the data. Your data will be stored on a secure password protected computer and in accordance with the University of St Andrews privacy policy and only members of the research team will be able to access it.

Your data will be anonymised when published in research publication(s). As part of these publications we may quote some of the comments or posts you make but it will not be possible to identify you from these quotes.

#### How will my data be used, and in what form will it be shared further?

Your anonymous research data will be analysed as part of the research study. It will then be published in research publication(s). Following completion of the study and publication of the findings, the anonymous data files will be made publicly available in the University of St Andrews PURE repository.

#### When will my data be destroyed?

Any contact details you provide for sending out your voucher and for follow-up to the co-design session will be permanently deleted following completion of the study (30<sup>th</sup> November 2021). Anonymous data will be kept for a period of 10 years from the last point of access.

#### Will my participation be confidential?

Yes, your participation will only be known to the project team.

#### Use of your personal data for research and data protection rights

The University of St Andrews (the 'Data Controller') is bound by the UK 2018 Data Protection Act and the General Data Protection Regulation (GDPR), which require a lawful basis for all processing of personal data (in this case it is the 'performance of a task carried out in the public interest' – namely, for research purposes) and an additional lawful basis for processing personal data containing special characteristics (in this case it is 'public interest research'). You have a range of rights under data protection legislation. For more information on data protection legislation and your rights visit <https://www.st-andrews.ac.uk/terms/data-protection/rights/>. For any queries, email [dataprot@st-andrews.ac.uk](mailto:dataprot@st-andrews.ac.uk).

Your data will be anonymised and we will not be able to withdraw it because we will not know which data is yours.

### Ethical Approvals

This research proposal has been scrutinised and subsequently granted ethical approval by the University of St Andrews Teaching and Research Ethics Committee. This project has also been reviewed and approved by NHS Fife Research and Development Department.

### What should I do if I have concerns about this study?

In the first instance, you are encouraged to raise your concerns with the researcher. A full outline of the procedures governed by the University Teaching and Research Ethics Committee is available at <https://www.st-andrews.ac.uk/research/integrity-ethics/humans/ethical-guidance/complaints/>.

### Contact details

If you have any questions contact the research team at [eagle@st-andrews.ac.uk](mailto:eagle@st-andrews.ac.uk). You can also speak to the Principal Investigator for this project Dr Kathryn Cunningham at [kb92@st-andrews.ac.uk](mailto:kb92@st-andrews.ac.uk).

**Thank you for taking the time to read this information sheet and for considering taking part in the study.**

**If you are happy to take part in this research study please click on the link below to access the Online Consent Form and Survey**

**[Member of public consent and survey link](#)**